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# **Difficult Behavior**

# Positive Discipline for Classrooms and Beyond

An extensive training drawing upon the information from the book by Ronald Mah- Difficult Behavior in Early Childhood, Positive Discipline for PreK-3 Classrooms and Beyond, (Corwin Press, 2017)

#### Assessment to Results

## The Role of Discipline

- 1. Discipline in Classrooms, Families, and Society
- 2. When Discipline Fails, Socialization Fails, and Children Fail

### **Using Time Out**

- 3. Three Ways Adults Use Timeout Poorly
- 4. The Community Theory of Timeout That Works!
- 5. How to Apply Timeout Effectively

## Setting and Following Through With Boundaries

- 6. Setting the Foundation of Discipline with Boundaries
- 7. Follow Through and Consistency with Boundaries

#### Punishment, Praise, and Rewards

- 8. What Motivates and What Matters to Children
- 9. How Anger Distracts from Discipline and Learning
- 10. How and Why Punishment Works... and Doesn't Work
- 11. The Effective and Judicious Uses of Praise
- 12. Choices: The Most Important Lesson
- 13. Key Issues in a Motivating Reward System
- 14. Principles of an Effective Reward Plan
- 15. Rewards Only -- Stepping Away from Punishment
- 16. Connecting Positive Goals to Motivating Rewards
- 17. Small and Great Rewards -- Rewarding Consistency

# Recognizing and Responding to Particularly Challenging Behavior and Emotions

- 18. Is This an Angry Child? Understanding the Rage Underlying Negative Behavior
- 19. Is This a Sad Child? The Brokenhearted Children
- 20. Is This an Anxious or Fearful Child? A Life of Dangerous Uncertainty
- 21. Is This a Child Who Is Holding Pain or Loss? The Dangers of Unprocessed Grief
- 22. Is This an "Off" Child? Outside of Your Spectrum of Experience and Expectations
- 23. Is This a Happy Child?

### Now What?