



**Ronald Mah, M.A., Ph.D.**

Licensed Marriage & Family Therapist, MFC32136

Psychotherapy, Parent Education, Consulting & Staff Development

433 Estudillo Ave., #305, San Leandro, CA 94577-4915

(510) 614-5641 Office - (510) 889-6553 fax - E-mail: [Ronald@RonaldMah.com](mailto:Ronald@RonaldMah.com) - Web: [www.RonaldMah.com](http://www.RonaldMah.com)

---

**Mine, Me, & Them- The Village by the Numbers**

The “villages” of children are the smaller and larger communities in which they explore and experiment, as they develop both their sense of selves and a sense of belonging. This training/talk describes the evolving nature of the “villages” or communities and the critical nature of collaboration among invested adults: parents, caregivers, and educators. Fundamental expectations, environments, guidance, and discipline will derive from the collaboration... or not. How well or poorly the adult “village” or community communicates will determine the healthy or unhealthy development of children to enter the larger community today and in the future. Professional responsibilities and guidance how to create the adult coalition will be discussed.

**What we communicate...**

The **Four** Cornerstones of Self-Esteem:

Acceptance/Significance, Moral Virtue, Power & Control, and Competence

**The Key Three:**

- Positive Sense of Self
  - Sense of Excellence and/or the Drive to Strive
- Good to Great Work Ethic
- Care for Others

**“Special” risks Narcissism**

**Four** Characteristics of Narcissism- Two Pairs

- 1) Omnipotence & Grandiosity
- 2) Self-righteous & Entitlement

Distinctions between Healthy Self/Community Member vs. Narcissism

**Self-Care- "Me FIRST!"**

**“If it takes a village...”**

The Development of a Child's World

**First, second, and third** communities: 2-1; 1-4; 1-12; 1-20/25; 1-30; 1- 50/100; 0-100

**Parents + Educators: First and Second Guardians of the Community**

**Time In and Time Out in the “Village”**

**Three** Basic Rules to Not Harm:

- 1) Self
- 2) Others
- 3) Process of the Community



**Ronald Mah, M.A., Ph.D.**

**Licensed Marriage & Family Therapist, MFC32136**

Psychotherapy, Parent Education, Consulting & Staff Development

433 Estudillo Ave., #305, San Leandro, CA 94577-4915

(510) 614-5641 Office - (510) 889-6553 fax - E-mail: [Ronald@RonaldMah.com](mailto:Ronald@RonaldMah.com) - Web: [www.RonaldMah.com](http://www.RonaldMah.com)

---

**Between Family/Parents & Caregiver/Teacher (Eight Principles/Goals)**

- |                          |                            |
|--------------------------|----------------------------|
| 1) Connection, Rapport   | 5) Availability            |
| 2) Integrity, Honesty    | 6) A Personal Relationship |
| 3) Competence, Knowledge | 7) Professionalism         |
| 4) Experience            | 8) Confidence              |

**The Four “E’s” of Assertive AND Respectful Communication Between Parents & Professionals**

- 1) Education
- 2) Experience
- 3) Expertise
- 4) Ethical

**“We need to talk!”**

- Overt & covert communication
- Verbal vs. Non-Verbal communication
- Cross-cultural communication
  
- What the Theory of Punishment communicates
- Just who’s talking? Intra-personal Issues- On Knowing Yourself (You w/You)

**The Four Parenting Keys to Ensuring a Successful Student**

1. Feed
2. Rest/Sleep
3. On Time
4. Homework