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PSYCHOTHERAPY-COUNSELING - STAFF DEVELOPMENT - CONSULTING  
Licensed Marriage & Family Therapist, MFC 32136  
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**LICENSE:**

**Marriage & Family Therapist, MFT32136**, State of California, 1994.

**CREDENTIALS:**

**Multiple Subjects Teaching Credential**, State of California, 1976.  
**Single Subject Teaching Credential- Social Science**, State of California, 1977.

**EDUCATION:**

**Doctor of Philosophy in Higher Education & Social Change**, Western Institute for Social Research, Berkeley, 2013.  
**Masters of Arts in Psychology**, Western Institute for Social Research, Berkeley, 1991.  
**Teacher Credential Program**, Black Asian Chicano & Native American Urban Program, University of California, Berkeley, 1976.  
**Bachelor of Arts in Psychology and Social Science**, University of California, Berkeley, 1975.  
**Alcohol & Drug Abuse Studies**, University of California, Berkeley Extension; University of California, Berkeley, School of Public Health, 1992.

**PUBLICATIONS:**

**Books:**

**Difficult Behavior in Early Childhood, Positive Discipline for PreK-3 Classrooms and Beyond**, Corwin Press, Thousand Oaks, CA., July 2006.  
**The One-Minute Temper Tantrum Solution, Strategies for Responding to Children's Challenging Behaviors**, Corwin Press, Thousand Oaks, CA, 2008.  
**Getting Beyond Bullying and Exclusion PreK-5, Empowering Children in Inclusive Classrooms**, Corwin Press, Thousand Oaks, CA, 2009.  
**Animal Masks and Puppets**, Symbiosis Press, Mill Valley, CA, 1987.  
**Dinosaur Masks and Puppets**, Price, Sloan, and Stern, Publishers, Los Angeles, CA, 1986.  
**Predator Prey Puppets and Masks**, Symbiosis Press, Mill Valley, CA, 1985.

**E-Books:**

**Conflict, Control, and Out of Control in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/330821>

**Down the Relationship Rabbit Hole, Assessment and Strategy for Therapy**. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/383720>

**How Dangerous is this Person? Assessing Danger and Violence Potential Before Tragedy Strikes**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/313775>

**I Don't... You Don't... It Don't Matter, Depression and Anxiety in Couples and Couple Therapy**. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/356036>

**Mine, Yours, and Ours, Addiction and Compulsivity in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/350764>

**Off, Odd, Different... Special? Learning Disabilities, ADHD, Aspergers Syndrome, and Giftedness in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/354984>

**Opening the Can of Worms, Complications in Couples and Couple Therapy**. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/360657>

**Ouch! Where'd that come from?! The Borderline in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/326747>

**Scorpion in the Bed, The Narcissist in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/322342>

**Sorry is not Enough, Affairs and Infidelity in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/344102>

**The Sun, the Moon, and the Stars, Dependency and Histrionics in Couples and Couple Therapy**. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/340053>

**Therapy Interruptus and Clinical Practice, Building Client Investment from First Contact through the First Session**. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/371431>

**Out of the Developmental Chrysalis in Intimacy and Relationship Therapy.** Smashwords.com. 2013.  
Available at <https://www.smashwords.com/books/view/388735>

**Born that Way, Temperamental Challenges in Relationships and Therapy.** Smashwords.com. 2013.  
Available at <https://www.smashwords.com/books/view/390680>

**Ghosts and Guests from Family Past.** Smashwords.com. 2013. Available at  
<https://www.smashwords.com/books/view/392509>

**Roles, Rigidity, Repair, and Renovation in Relationships and Therapy.** Smashwords.com. 2014.  
Available at <https://www.smashwords.com/books/view/399025>

**Out of the Monkey Trap, Breaking Negative Cycles for Relationships and Therapy.** Smashwords.com.  
2014. Available at <https://www.smashwords.com/books/view/403533>

**Mirror Mirror... Reflections of Self-Esteem in Relationships and Therapy.** Smashwords.com. 2014.  
Available at <https://www.smashwords.com/books/view/420249>

**All Relationships and Therapy are Multi-Cultural- Family and Cross-Cultural Complications.**  
Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/431172>

**Therapy? What's Therapy!?** Smashwords.com. 2014. Available at  
<https://www.smashwords.com/books/view/441987>

### **Journal Articles:**

**Why Do You Pick Up a Crying Baby?** The Therapist, California Association of Marriage & Family Therapists, 2014.

**"Huh? What!?" 13 Reasons for Missing Social Cues.** The Therapist, California Association of Marriage & Family Therapists, 2013.

**"Make Me An Offer, so I Can Spit On It!" Problematic Adolescent Games and the Adults Who Get Played,** The Therapist, California Association of Marriage & Family Therapists, 2012.

**How Dangerous is My Client, The Therapist,** California Association of Marriage & Family Therapists, 2007.

**Therapy and Life with the Elder from Hell,** The Therapist, California Association of Marriage & Family Therapists, 2004.

### **Online Courses:**

**Child Abuse Prevention: Physical Abuse from Excessive Corporal Punishment Assessment Criteria and Indicators for Intervention, Parent Education, and Prevention,** Online course for the National Association of Social Workers-California Chapter, 2007.

**Client Presentations and Professional Vulnerabilities that Lead to Legal and Ethical Violations,** Online course for the National Association of Social Workers-California Chapter, 2007.

**Why Difficult Children are Difficult - Six Questions for Assessment,** Online course for the National Association of Social Workers-California Chapter, 2007.

### **Online Articles:**

[www.RonaldMah.com](http://www.RonaldMah.com), Monthly Online Articles on Parenting, Child Development, Discipline, & Intervention.

**Careguide, Inc.- Elder and Child Care Resource & Referral,** Monthly Articles on Parenting, Child Development & Discipline, January 1999 to 2000.

### **Blog on Teenagers:**

**Make Me An Offer So I Can Spit On It!** <https://wordpress.com/stats/insights/ronaldmah.wordpress.com>

### **Curriculum:**

**Asian & American Cross Cultural Parent Education Manual,** Asian Pacific Islander Parent Education Support (APIPES), Department of Social Services, City & County of San Francisco, 1996.

**4th-6th Grade Social Science Reader, Asian-American History,** Berkeley Unified School District, Berkeley, CA, 1977.

### **DVDs:**

**Building Self-Esteem in the Adult Child System w/ the 90 Second-A-Day Self-Esteem Prescription Plan,** Fixed Earth Films, Pittsburg, CA., 2005.

**Victims, Abusers/Bullies, & Survivors, The Dynamics of Self-Esteem in Aggression and/or Violence,** Fixed Earth Films, Pittsburg, CA., 2005.

**Temper Tantrums!! "The One Minute Temper Tantrum Solution!,"** Fixed Earth Films, Pittsburg, CA., 2005.

**Understanding Children... Understanding Behavior... for More Effective Discipline,** Fixed Earth Films, Pittsburg, CA., 2005.

**Childhood Stress, How to Build a Powerful Child,** Fixed Earth Films, Pittsburg, CA., 2006.

**Just Playing is Just Great, “Articulating Play’s Importance”**, Fixed Earth Films, Pittsburg, CA., 2006.

**Temperament and Personality Affecting Behavior and Relationships, “What’s With This Kid?”** Fixed Earth Films, Pittsburg, CA., 2006.

**Basic Rules of Developmental Theories, How Growth Happens**, Fixed Earth Films, Pittsburg, CA., 2006.

**Developmental Theories II, “Practical Applications for You... and Yours”**, Fixed Earth Films, Pittsburg, CA., 2006.

**Developmentally Appropriate Practice and Growth, “Learning the Rules of Life”**, Fixed Earth Films, Pittsburg, CA., 2006.

**Conflict Resolution, with the Working it Out Plan**, Fixed Earth Films, Pittsburg, CA., 2008.

**Using Time Out, 3 Problematic Theories & 1 That Works**, Fixed Earth Films, Pittsburg, CA., 2008.

**Setting Boundaries and Following Through**, Fixed Earth Films, Pittsburg, CA., 2008.

**Punishment and Praise w/sample Incentive Plan and Behavior Plan**, Fixed Earth Films, Pittsburg, CA., 2008.

**The 10 Most Important Skills for a Child’s Achievement, Relationships, and Community**, Fixed Earth Films, Pittsburg, CA., 2008.

**Determining Violence Potential, Assessment for Acting Out, Bullying, Aggression and Violence**, Fixed Earth Films, Pittsburg, CA., 2008.

**Assessment to Results, How to figure out the “Why” of Behavior to get to the “What to do” of Discipline**, Fixed Earth Films, Pittsburg, CA., 2008.

**Learning Diversity, Social & Emotional Issues and Disabilities in Children**, Fixed Earth Films, Pittsburg, CA., 2008.

**Missing Social Cues, 13 Reasons Why Children Don’t Get It**, Fixed Earth Films, Pittsburg, CA., 2008.

**Transitions and Change, Compensation Techniques for Transition Difficulty**, Fixed Earth Films, Pittsburg, CA., 2008.

**Doctoral Projects- Foundations and Principles in Couples Therapy (2009-2010):**

- **Psychodynamic, Family, & Cross-Cultural Complications in Couples Therapy-** Oct. 2009.
- **What is Couples Therapy-** Nov. 2009.
- **The First Session- Seven C’s of Couples Therapy: Connection, Credibility, Control, Communication, Container, Capacity, & Clarity-** Jan. 2010.
- **Initial Assessment of the Couple’s Relationship-** June 2010.
- **Developmental Principles in Couples-** July 2010.
- **Temperament, Personality, and Couples-** Aug. 2010.
- **Family-of-Origin Issues in Couples-** Sep. 2010.
- **Structural Principles in Couples-** Oct. 2010.
- **Strategic Principles in Couples-** Nov. 2010.
- **Self-Esteem Theory & Communication Principles in Couples-** Dec. 2010.

**Doctoral Dissertation Project- Major Complications in Couples Therapy (2011-2013):**

- **Depression & Anxiety in Couples-** Feb. 2011.
- **Learning Disabilities, ADHD, Aspergers Syndrome & Gifted Issues Affecting Couples Dynamics-** Apr. 2011
- **Third Partners in Couples: Bipolar, PTSD, & Personality Disorder Complications-** May 2011.
- **Borderline Personality Disorder in Couples Therapy-** July 2011.
- **Narcissistic Personality Disorder in Couples Therapy-** Feb. 2012.
- **Dependent and Histrionic Personality Disorders in Couples Therapy-** July 2012.
- **Paranoid Personality Disorder in Couples Therapy-** July 2012.
- **Domestic Violence in Couples Therapy Part I: From Aggression to Abuse- Bully-Victim Dynamics-** Sep. 2012.
- **Domestic Violence in Couples and Couples Therapy PART II: Antisocial Personality Disorder and Violence Potential,** Oct. 2012.
- **Addictions, Compulsivity, Relapse, and Relapse Prevention in Couples Therapy-** Nov. 2012.
- **Betrayal, Infidelity, and Affairs in Couples Therapy-** Jan. 2013.

**PROFESSIONAL EXPERIENCES:**

Nov. 1994 - present	<b>Licensed Marriage &amp; Family Therapist</b> , Private Practice, San Leandro, CA.
Oct. 1991 - present	<b>Faculty, Marriage Family Therapy- Masters of Psychology Program</b> , Western Institute for Social Research, Berkeley, CA.
Mar. 2014 – present	<b>Executive Vice-President, Behavioral Sciences</b> , PrivateTree, Union City,

CA

July. 2015 – present	<b>Fetal Infant Mortality Review</b> , Alameda County Dept. of Public Health
2017	<b>Executive Director Search Committee</b> , California Association of Marriage & Family Therapists
June 2015 – present	<b>Clinical Editorial Committee</b> , California Association of Marriage & Family Therapists
June 2015 – present	<b>Continuing Education Program Approval Committee</b> , California Association of Marriage & Family Therapists
2014 – present	<b>Purview Committee</b> , California Association of Marriage & Family Therapists
2015 & 2016	<b>Nomination Committee</b> , California Association of Marriage & Family Therapists
Sept. 2009 – June 2017	<b>Child Death Review Team</b> , Alameda County Social Services
Feb. – Dec. 2013	<b>Consultant for Adolescent and Young Adult Residential Program-post psychiatric hospitalization</b> , Casa de la Vida: Berkeley Place, Oakland, CA
Jun. 2008 – May 2012	<b>Board of Directors</b> , California Association of Marriage & Family Therapists
Jan. 2007- May 2011 Jan. 1999 – Jan. 2002	<b>Board of Directors</b> , California Kindergarten Association.
May 2001 – May 2008	<b>Ethics Committee</b> , California Association of Marriage & Family Therapists
Sep. – Dec. 2006	<b>Diversity and Leadership Consultant</b> , Cisco Corporation, San Jose, CA
Jan. – Mar. 2006	<b>Faculty, Marriage Family Therapy- Masters of Psychology Program</b> , New College of California, San Francisco.
Dec. 2001 – 2004	<b>Consultant for Child Behavior &amp; Discipline</b> , East Bay Conservation Corp Charter School, Oakland.
Jul.-Aug. 2003	<b>Educational Consultant/Small Group Trainer</b> , Association for Advanced Training in the Behavioral Sciences
Jan. 1998 – Mar. 2003	<b>Mental Health &amp; Child Development Consultant</b> , Child Development Resources of Ventura County, Oxnard.
June 1996 – Jul. 2000	<b>Staff Development &amp; Training for Parent Educators</b> , Asian Pacific Islander Parent Support, San Francisco.
Apr. 2001 – Oct. 2001	<b>Consultant-Trainer, Anti-Violence &amp; Diversity Programs</b> , Cathedral School, San Francisco.
May 1998 – Jan. 2002	<b>Clinical Consultant for At-Risk Adolescents and Young Adults &amp; Welfare to Work Programs</b> , Juma Ventures, San Francisco.
Oct. 1999 – Feb. 2001	<b>Consultant-Trainer, Social Justice &amp; Diversity Program</b> , Berkwood Hedge School, Berkeley.
Jan. 2000 – May 2001	<b>Clinical Supervisor of Child and Family Services</b> , Asian Community Mental Health Services, Oakland.

- Oct. 1996 – May 2000                   **Clinical Consultant for Severely Emotionally Disturbed Adolescents & Welfare to Work Programs**, Jewish Vocational Services, San Francisco.
- Jul. – Dec 2000                           **Clinical Consultant & Trainer for Vocational Programs for Homeless Youth**, Youth Industry, San Francisco.
- Jul. 2000                                   **Trainer**, National Association of Independent Schools, Office of Diversity-Call to Action 2000, San Anselmo.
- Jul. 1995 – Dec. 1998                   **Clinical Supervisor**; for Children's Services Clinicians Richmond Area Multi-Services (RAMS), San Francisco;  
**Child/Family Therapy Consultant** for RAMS staff;
- Jul. 1995 – Aug. 1998                   **Clinical Supervisor for Severely Emotionally Disturbed/Mental Health (SED/MH) Partnership Programs** (four SFUSD High Schools)-RAMS;
- Jul. 1995 – July 1998                   **Clinical Supervisor**; RAMS-San Francisco Unified School District Washington High Teen Mental Health Clinic;
- Jul. 1995 - June 1996                   **Children's Group Counselor/Consultant**- Lafayette Elementary School; San Francisco, RAMS;
- Sep. 1993 - Aug. 1995                   **Mental Health Clinician for Severely Emotionally Disturbed Adolescents** -SED class at Washington High School- San Francisco, RAMS.
- Oct. 1991 – present                   **Consultant, Trainer & Presenter**, Colleges, Schools, Early Childhood Education, Head Start, Child Abuse Councils, Drug & Alcohol Recovery, Mental Health Agencies, Foster Care, & Homeless Shelter Programs & Conferences; Staff Development & Client Relations, Agency Team Building; Multi-Cultural/Diversity Training. The following is a partial list of programs served:
- Workshop/Seminar Presenter**, California Association of Marriage & Family Therapists, San Diego, Annual Conferences & Professional Development Workshops
- Mental Health Consultant**, Wu Yee Children's Services (Head Start), San Francisco.
- Organizational & Clinical Consultant**, Contra Costa Child Care Council, Concord.
- Consultant & Foster Parent Educator**, Center for the Vulnerable Child- Children's Hospital, Oakland.
- Mental Health & Child Development Consultant**, Staff Development & Training (Head Start), Child Family Community Services, Fremont.
- Organizational Consultant**, People of Color in Independent Schools, N. California.
- Mental Health & Child Development Consultant**; San Joaquin County Head Start.
- Staff Development, & Child Development & Mental Health Consultant**, Redwood Day School, Oakland.
- Therapy Skills Educator**, Brief Therapy Trainings for Child, Youth, and Family Services, Department of Mental Health, City and County of San Francisco.
- Consultant to Emergency Foster Parents**, Children's Shelter Care Project- Department of Social Services, Alameda County.
- Mental Health Consultant**, Xanthos Inc., Alameda Head Start, Alameda.
- Mar. 1992 - 1996                       **Instructor of Human Growth & Development and Early Childhood Development**, Chabot College, Hayward.
- Jan. 1992 - Nov. 1994                   **Psychotherapist**, MFCC Registered Intern working in the practice of Edward Schmookler, Clinical Psychologist, Berkeley-Albany.
- Apr. 1989 - Apr. 1993                   **Director**, Saybrook Learning Center of Castro Valley, Castro Valley, CA.
- Feb. 1991 - Dec. 1991                   **Senior Counselor, Drug Diversion Group Lead Counselor, Client Services**, The Way Home Foundation Community Counseling Centers, Berkeley, Walnut Creek, & San Francisco, CA.
- Apr. 1988 - Aug. 1989                   **Coordinator & Office Manager**, The Way Home Foundation Community Counseling Centers, Berkeley, Walnut Creek, & San Francisco, CA.
- Sep. 1978 - July 1989                   **Owner/Director**, Ronald & Kim's Preschool & Daycare, Berkeley, CA.

Sep. 1977 - June 1978

**Teacher**, Yellow Brick Road Preschool & Kindergarten, El Cerrito, CA.

June 1976 - Aug. 1977

**Kindergarten Teacher & Junior & Senior High School Teacher-Writers Project & History**, Asian American Summer School;  
**Curriculum Writer**, Ethnic Studies; Berkeley Unified School District, Berkeley, CA.