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Supporting Your Teen

Parents who often found raising their younger children often find that as teenagers, they can become highly perplexing. Understanding the conceptual and developmental process of adolescence guides parents to appropriately support their teenagers. This includes basic principles of attachment (often played out since infancy), cross-cultural issues, why and how punishment works... and don't work!, along with other guiding principles that lead to practicalities on how to support ones teenagers.

- Good card / Bad Card
- The Real World (the streets, college applications, work)
 - o A, B, C, D students and A, B, C, D workers
- Getting ON or GOING, Getting BY, and Getting OVER
- Not Special

Why do you pick up a baby who is crying?

Acting out: Good Choices/Bad Choices and Being Reasonable or unreasonable

Theory of Punishment

Wisdom from being Stupid!

Learning = Study and Practice

10000 hours

- My Parents had nothing to tell me about higher education
- Nation of Wimps (Marano)
- What you have to give?
 - o Expertise on what about higher education?
 - o Lessons
 - o Guidance (from inexperience and experience)

3 Mistakes of Planning

Plan A, Plan B, Plan C, Plan D

1 time, 2 times, 3 times

Like Therapy, like a ladder

That's their excuse! What's your excuse?